WE CAN CHALLENGE RACISM

• Understanding the way it impacts your one life experiences and perception.

• Work to begin to process information differently

• Interrupt offensive jokes or stories and say you don’t want to hear them.

• Speak up when you witness discrimination against others.

• Speak up or seek help when you experience discrimination. Recognize that some situations are best addressed publicly and others privately.

• Become involved and work with others.

• Encourage work and study environments to be places where diversity is valued.

• Discuss issues of inclusion and diversity with children, youth, and adults.

• Be aware of how your actions might intentionally or unintentionally affect others.

• Think critically about the language that you use.
• Be sensitive to other’s feelings.

• Question the validity of generalized statements.